



# Walking into the Unknown

## Fact Sheet

NOLA Code: WITU 000 Base Revision 001  
Release/Feed Date: Saturday, October 23, 2010; 2000-2100ET/SD05  
Program Length: 56:46  
Closed Captioned: Yes  
Subtitled for Deaf and Hearing Impaired: Yes  
Stereo: Yes  
SAP: DVI  
Format: SD Base  
Aspect Ratio: Letterbox  
Suggested TV Rating: TV-G  
Description: The Emmy-nominated documentary *Walking into the Unknown* will make you a first eye-witness in the intimate journey of one man, Dr. Arne Vainio, a Native American physician and health columnist for both local and national newspapers. An enrolled member of the Mille Lacs Band of Ojibwe, Dr. Vainio realizes that he needs to digest and personally implement the advice that he gives his own middle-aged patients upon his impending 50th birthday.

You'll experience this very personal turning point in one man's life and his quest to overcome the health issues that are jeopardizing his future. Vainio takes viewers with him through every step of his ambitious and sometimes difficult journey to revel in the unknown. As the doctor reverses roles and becomes the patient, this poignant story of vulnerability and personal revelation will inspire and educate you.

Rights Terms: Six (6) releases over four (4) years beginning (with feed); SCH/1YR; VOD/1YR; and non-commercial cable rights. Royalty free to members and subscribers of American Public Television (APT).

Producers: Ivy Vainio  
Director: Nate Maydole  
Date Produced: 2010  
Web Site: [www.walkingintotheunknown.com](http://www.walkingintotheunknown.com)  
Viewer & Station Contact: Georgiana George Lee, Assistant Director  
glee3@unl.edu • 402-472-0497  
Ordering Info: [www.visionmaker.org](http://www.visionmaker.org)